

NORTH DISTRICT CHAMPIONSHIPS

Stornoway

REIGNING Scottish 800m champion Mark Mitchell had an outstanding win in the men's race, putting the issue beyond doubt shortly after the start.

Veteran hill runners Graeme Bartlett and David Rodgers had a private battle for silver with Bartlett pulling ahead on the third and final lap to finish 88 seconds behind Mitchell.

"I've lost 10m kilos since I upped my mileage," said a superbly fit-looking Mitchell who also led Forres to the team title.

Another quality young track athlete, Eilidh Mackenzie, also led from the start over her local course to take the women's title by 52 seconds from Moira Davie, who helped Forres to a second team win, and Dawn Scott.

Men (9.95km)

1 M Mitchell (Forres) 36:24; 2 G Bartlett (Forres) 37:52; 3 D Rodgers (L'aber) 38:34; 4 P Rogan (Forres) 38:39; 5 K Greig (Forres) 40:02; 6 C MacLeod (I'ness, U20) 40:29; 7 S MacKenzie (Forres) 40:49; 8 A Buchan (Forres) 41:03; 9 M MacKenzie (Storn) 41:56; 10 W MacRury (Storn) 42:10; 11 M Liddle (Forres, U20) 42:46; 12 C Miller (Storn) 43:01; 13 D McCulloch (Forres) 43:16; 14 A McMahon (Storn) 43:27; 15 T Grant (I'ness, U20) 43:47

TEAM: 1 Forres H 27; 2 Stornoway RAC 78; 3 Inverness H 115

U17 (6.5km)

1 S Dixons (I'ness) 25:14; 2 C Campbell (I'ness) 25:24; 3 R Jones (Storn) 26:15; 4 D McKellar (Storn) 27:04; 5 F Binns (Storn) 28:02

TEAM: 1 Inverness H 9; 2 Stornoway RAC 12

U15 (4.4km)

1 R Allison (Storn) 17:08; 2 F MacLennan (I'ness) 17:44; 3 F Scott (Forres) 18:13; 4 H Barton (I'ness) 18:32; 5 C MacDonald (Storn) 18:55

TEAM: 1 Stornoway RAC 12; 2 Inverness H 16; 3 Ross County 31

U13 (3.25km)

1 A Velzian (I'ness) 13:13; 2 C MacLean (Storn) 13:14; 3 J Geddes (I'ness) 14:00; 4 M MacMillan (Storn) 14:07; 5 F Crockett (Ross C) 14:14

TEAM: 1 Inverness H 10; 2 Stornoway RAC 22; 3 Ross County 34

Women (6.5km)

1 E MacKenzie (Storn) 27:31; 2 M Davie (Forres) 28:23; 3 D Scott (L'aber) 28:43; 4 K Rogan (Forres, U20) 30:32; 5 C Stewart (Storn, U20) 31:30; 6 J Dickie (Forres, U20) 33:06

TEAM: 1 Forres H 12; 2 Stornoway RAC 14

U17 (4.4km)

1 M MacLennan (I'ness) 19:40; 2 R Munro (Storn) 19:55; 3 A Rodgers (I'ness) 21:38; 4 C Miller (I'ness) 22:41

TEAM: Inverness H 8

U15 (4.4km)

1 A Ross (I'ness) 19:46; 2 H Campbell (I'ness) 20:13; 3 I Bain (Storn) 20:29; 4 C Ross (I'ness) 20:46; 5 K Sneddon (I'ness) 20:58

TEAM: Inverness H 7

U13 (3.25km)

1 L Fraser (I'ness) 14:26; 2 P MacKellar (Storn) 14:55; 3 H Blackburn (Nairn) 14:58; 4 L Massie (Forres) 15:17; 5 C Bain (Storn) 15:22

TEAM: 1 Inverness H 16; 2 Stornoway RAC 17; 3 Ross County 46